UNION GROVE RECREATION

2022 Recreation Programs

Get the new year off to an active start with our new and upcoming recreation programs available right here in Union Grove!

ONGOING PROGRAMS AT UNION GROVE MUNICIPAL CENTER (NEW!) *No advanced registration required (unless otherwise noted).*
Chair Yoga - Tuesdays (Weekly), 9-10 a.m. All skill levels. $12/session.
Mixed Flow Yoga - Tuesdays (Weekly), 6-7 p.m. All skill levels. $12/session.
Toddler Yoga - Thursdays (Weekly), 12:30-1:15 p.m. Ages 2-4. $12/session.
Senior Cards - Thursdays (Weekly), 1:00-3:30 p.m. Sheepshead. No charge.
Youth Karate – Thursdays (Weekly), 5-6 p.m. Ages 8-12. $12/session.
Adult Karate – Thursdays (Weekly), 6-7 p.m. Ages 13+. $12/session.
Make & Take - 1st Tuesday (Monthly), 7:30-9:30 p.m. Cost varies by project; register in advance.
Yoga Nidra - 2nd Tuesday (Monthly), 7:30-8:30 p.m. Meditative yoga; all skill levels. $12/session.
Restorative Yoga - 3rd Tuesday (Monthly), 7:30-8:30 p.m. Restful yoga; all skill levels. $12/session.

SEASONAL PROGRAMS *Advanced registration required - visit uniongrove.net/rec or stop by Village Offices.*
Youth Winter Basketball - Jan.-Feb. Grades Pre-K thru 6th. Registration closes Dec. 20!
Cribbage – Jan.-Feb. 6-week course with tournament at the end! Mondays, 4-5:30 p.m. Register now!
Hoop It Up Youth Basketball Clinics - April-May. Ages 4-11. Registration opens late Feb.
Let's Kick It Youth Soccer Clinics - April-May. Ages 4-11. Registration opens late Feb.
T-Ball and Coach Pitch Baseball Leagues - May-June. Ages 4-7. Registration opens late Feb.
Racine Co. Girls Fastpitch Softball League - May-June. Grades 2-8. Registration opens late Feb.
Disc Golf Basics (All Ages) - Saturday mornings in July. All skill levels. Registation opens in May.
First Tee Youth Instructional Golf - Aug.-Sept. Introducing golf to kids and teens. Register in July.
Youth Fall Soccer Leagues - Sept.-Oct. Grades Pre-K thru 6th. Registration opens in July.

Are you skilled in a particular sport, recreational activity or hobby? Have a passion for teaching others? Then please consider leading a new program for the Village's recreation department! We are now seeking community-minded individuals to teach programs at the Municipal Center (or outdoors). Programs may be targeted to specific age-groups or skill-levels. Contact Village Clerk Rebecca Wallendal at rwallendal@uniongrove.net or (262) 878-1818.

Learn more about Union Grove Recreation Programs at uniongrove.net or call the Village Offices at (262) 878-1818. Follow us on Facebook at facebook.com/uniongroverec.