

2022 Recreation Calendar

ONGOING PROGRAMS AT UNION GROVE MUNICIPAL CENTER (NEW!)

No advanced registration required (unless otherwise noted).

Chair Yoga - Tuesdays (Weekly), 9-10 a.m. All skill levels. \$12/session.

Mixed Flow Yoga - Tuesdays (Weekly), 6-7 p.m. All skill levels. \$12/session.

Senior Cards - Thursdays (Weekly), 1:00-3:30 p.m. Sheepshead. No charge.

Youth Karate - Thursdays (Weekly), 5-6 p.m. Ages 8-12. \$12/session.

Adult Karate - Thursdays (Weekly), 6-7 p.m. Ages 13+. \$12/session.

Yoga Nidra - 2nd Tuesday (Monthly), 7:30-8:30 p.m. Meditative yoga; all skill levels. \$12/session.

Restorative Yoga - 3rd Tuesday (Monthly), 7:30-8:30 p.m. Restful yoga; all skill levels. \$12/session.

Focused Healthy Living Classes - 4th Wednesday (Monthly), 6:30-7:30 p.m. \$12+/session.

High Intensity Interval Training Classes - 2nd and 4th Saturday mornings, 8:30-9:10 a.m. \$12.00/session

SEASONAL PROGRAMS

Advanced registration required - visit uniongrove.net/rec or stop by Village Offices.

Youth Winter Basketball - Jan.-Feb. Grades Pre-K thru 6th. Registration closed Dec. 20.

Hoop It Up Youth Basketball Clinics - April-May. Ages 4-11. Registration opens late Feb.

Let's Kick It Youth Soccer Clinics - April-May. Ages 4-11. Registration opens late Feb.

T-Ball and Coach Pitch Baseball Leagues - May-June. Ages 4-7. Registration opens late Feb.

Racine Co. Girls Fastpitch Softball League - May-June. Grades 2-8. Registration opens late Feb.

Disc Golf Basics (All Ages) - Saturday mornings in July. All skill levels. Registration opens in May.

First Tee Youth Instructional Golf - Aug.-Sept. Introducing golf to kids and teens. Register in July.

Youth Fall Soccer Leagues - Sept.-Oct. Grades Pre-K thru 6th. Registration opens in July.

Are you skilled in a particular sport, recreational activity or hobby? Have a passion for teaching others? Consider leading a new program for the Village's recreation department! We are seeking community-minded individuals to teach programs at the Municipal Center (or outdoors). Programs may be targeted to specific age-groups or skill-levels. Contact Village Clerk Rebecca Wallendal at rwallendal@uniongrove.net or (262) 878-1818.

Learn more about Union Grove Recreation Programs at uniongrove.net/rec or call the Village Offices at (262) 878-1818. Follow us on Facebook at facebook.com/uniongroverec.